



Free and confidential support when you need it

Medicare Mental Health provides free mental health and wellbeing services for anyone in Australia.

Medicare Mental Health can help you find the care that supports your needs and goals. Whether that's via our website, by phone, or face-to-face, we're here to provide advice and guidance. You don't need an appointment or a referral to access any of the services.

Medicare Mental Health provides:

Medicare Mental Health |
medicarementalhealth.gov.au

The Medicare Mental Health website brings together reliable information, services, and resources to help you find the right support. Connect with care that fits your needs, whether that's with a Medicare Mental Health service or another free or low-cost mental health provider.

Medicare Mental Health | 1800 595 212

Anyone in Australia can call Medicare Mental Health between 8:30am and 5pm weekdays (except public holidays) for free mental health and wellbeing support. You will speak to a trained professional who can help you access local mental health services and supports that are right for you.

Medicare Mental Health Kids Hubs

Medicare Mental Health Kids Hubs provide a welcoming place where children aged 0 to 12 years, and their families, carers, and kin, can access free mental health and wellbeing support and services. Medicare Mental Health Kids Hubs offer access to a range of health professionals and services, including paediatricians, psychiatrists, psychologists, social workers, allied health workers, care coordination, assessment and treatments.

Medicare Mental Health Centres

Medicare Mental Health Centres offer a walk-in service providing advice, support and, if needed, assessment and treatment for people 18 years and over experiencing emotional and psychological distress. Services include support for family, carers and friends.

They can connect you with ongoing services, and social supports like health, mental health, housing and employment.

Armadale – Open 10am – 8pm
65A Church Avenue, Armadale

Gosnells – Open 9am – 5pm
Corfield Medical Centre
288 Corfield Street, Gosnells

Midland – Open 10am – 8pm
23 Old Great Northern Highway, Midland

Mirrabooka – Open 9am – 5pm
MedOne Medical Centre
Unit 5/3 Doncaster Road, Mirrabooka
Open 9am – 5pm

Northam – Open 8:30am – 4:30pm
133 Fitzgerald Street, Northam

More information

- Go to medicarementalhealth.gov.au.
- Call Medicare Mental Health on **1800 595 212**, 8:30am–5pm weekdays.
- Visit a local Medicare Mental Health Centre.
- Find a kids service near you.

In an emergency, always call triple zero (000) or go straight to your closest emergency department.