

PILBARA MENTAL HEALTH ALCOHOL & OTHER DRUG SERVICES

From 8am Saturday 2 May to 10pm Sunday 3 May 2020

Call 0437 280 788

Mental Health Services

Pilbara Mental Health Services

Newman/Tom Price - 08 9174 1240

Hedland - 08 9174 1240

Karratha - 08 9144 7800

Mission Australia - 08 9182 3626

Helping Minds (Carers Support) - 08 9172 2386

Relationships Australia (Couples Support)- 08 6164 0520

Hedland Well Women's Centre - 08 9140 1124

Yaandina Community Services (Roebourne) - 08 9182 1172

Mawarnkarra Health Service (Roebourne) - 08 9182 0850

Karingal Neighbourhood Centre (Paraburdoo) - 08 9189 5579

*Karratha Central Healthcare - 08 9144 6900

*Pilbara Health Centre (Karratha) - 08 9128 4300

*Cygnet Clinic Pilbara (Wickham) - 0439 356 630

*Hedland Psychologists - 0488 772 300

++BSS Employee Assistance - 1800 30 30 90.

Child and Youth Mental Health Services

headspace Pilbara (Youth) - 1800 290 626

Pilbara Mental Health Services

Hedland - 08 9174 1240

Karratha - 08 9144 7800

Newman/Tom Price - 08 9174 1240

Youth Involvement Council - 08 9140 1272

*Connect Pediatric Therapy Services - 08 9142 1906

Alcohol and Other Drug Services

Mission Australia - 1800 005 579

Hedland - 08 9174 4800

Karratha - 08 9182 3600

Tom Price - 08 9189 3333

Newman - 08 9154 3800

Yaandina Community Services (Roebourne) - 08 9182 1121

Turner River Rehabilitation Centre (Hedland) - 08 9172 4490

Bloodwood Tree Association (Hedland) - 08 9138 3000

**Fees may be payable with this service*

++Service only available to employees and their families of companies using this employee assistance program

Youth Alcohol and Other Drug Services

Mission Australia (8-14 yrs) - 1800 005 579

Hedland - 08 9174 4800

Yaandina Community Services (8-14 yrs) (Roebourne) - 08 9182 1121

Family and Domestic Violence Services

Relationships Australia (Hedland) - 08 6164 0520

Anglicare (Karratha) - 08 9143 1880

Yaandina Community Services (Roebourne) - 08 9182 1121

Nintirri Centre (Tom Price) - 0447 151 031

Aboriginal Medical Services / Social, Emotional, Wellbeing (SEWB)

Mawarnkarra Health Service (Roebourne) - 08 9182 0850

Wirraka Maya Health Service (Hedland) - 08 9172 0444

Puntukurnu Aboriginal Medical Service (Newman) - 08 9177 8307

Helplines and After Hours Support

Lifeline - 13 11 14

Kids Helpline - 1800 55 1800

Rural Link - 1800 552 002

National Indigenous Critical Response Service - 1800 805 801

Suicide Call Back Service - 1300 659 467

StandBy Support After Suicide - 0438 611 999

Mensline - 1300 789 978

Qlife (3pm - midnight) - 1800 184 527

Mates in Construction - 1300 642 111

Meth Helpline - 1800 805 878

Crisis Care - 1800 199 008

SANE Australia - 1800 187 263

Beyond Blue Coronavirus - 1800 512 348

Think Mental Health WA

