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Feasibility and Acceptability of the co-designed e-HANDI for prescribing Non-Drug Interventions (NDIs) in General Practice: A before-after pilot trial
BUHREC Ethics Reference Number: CD03291

We are a team of researchers at the Institute for Evidence-Based Healthcare at Bond University. We are conducting a research project aiming to optimise the use of non-drug interventions (NDIs) in primary care. Recently, we have worked with GPs and patients to develop the *electronic Handbook of Non-Drug Interventions (e-HANDI)*: a tool for prescribing NDIs at point-of-care.

The platform allows you to search for and prescribe NDIs to patients, as you would with other prescribing software. ***As a GP practising in Australia, we invite you to participate in a pilot trial to understand the feasibility and acceptability of the recently co-designed "e-HANDI" for prescribing NDIs in at point of care.***

This study will be conducted over a 6-month period. At baseline, 3- and 6-months we will collect self-reported data regarding your use of NDIs. After baseline data collection, you will be given access to "e-HANDI" and trained to use the platform. You will be asked to practice as usual with the addition of the e-HANDI where appropriate. At the end of these 6 months, you will be required to complete a questionnaire with regards to the acceptability and feasibility of e-HANDI in practice, and a short interview to identify any process or content issues with the tool.

It is anticipated that the data collected during this study will assist us in understanding the feasibility and acceptability of the e-HANDI when used in practice to prescribe NDIs and will inform a larger trial. Your participation in this study will enhance work towards optimising the prescription and uptake of NDIs in primary care.

Participation in this study is voluntary and you may withdraw at any time without risking any negative consequences. If you choose to withdraw your participation and data in this study, the information you have provided will be destroyed. We will not be able to destroy data collected on your prescribing on the e-HANDI, however this is aggregate data, and you cannot be identified. All data provided by you will be de-identified for analysis of data, and you will not be able to be identified in any research output of this study. You will receive a gift card/voucher up to $200, and will be eligible to receive CPD hours from RACGP for your efforts in participating in the trial. All the data collected in this study will be treated with complete confidentiality and not made accessible to any person outside of the researchers working on this project. Data will be stored in a secured location at Bond University for a period of 5 years in accordance with the guidelines set out by the Bond University Human Research Ethics Committee, after which it will be destroyed.

If you are interested in participating, or have any questions regarding the study, don't hesitate to contact Dr Alexandra Davidson at adavidso@bond.edu.au or 0413 326 563. The chief investigator is Dr Loai Albarqouni, lalbarqo@bond.edu.au or 07 5595 4482. This research has been approved by Bond University Human Research Ethics Committee (Approval number: CD03291)

If you would like to participate in this study, please email your details to Dr Davidson: adavidso@bond.edu.au

Should you have any complaints concerning the manner in which this research is being conducted please make contact with:
Bond University Human Research Ethics Committee, Bond University Office of Research Services. Bond University, Gold Coast, 4229, Australia Tel: +61 7 5595 4194 Fax: +61 7 5595 1120 email: ethics@bond.edu.au

We thank you for taking time to assist us with this research.

Yours sincerely,

Dr Loai Albarqouni and the Research Team